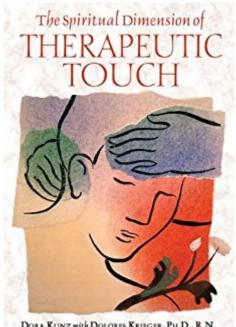
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# The Spiritual Dimension Of Therapeutic Touch



DORA KUNZ with DOLORES KRIEGER, PH.D., R.N. co-founders of Therapeutic Touch



## Synopsis

Explores the extraordinary technique that put authentic healing into the hands of health care providers â ¢ Examines the relationship between expanded levels of consciousness and the healing process â ¢ Contains healing exercises for treating common ailments such as stomachaches and back pain, and practices for managing chronic stress â ¢ Based on transcribed audiotapes of lectures by medical intuitive Dora Kunz (1904-1999), with commentary by Dolores Krieger Since 1972 Therapeutic Touch has been taught in hospitals and at universities to tens of thousands of health care professionals. The Spiritual Dimension of Therapeutic Touch provides an intimate glimpse into the life work of Dora Kunz (1904-1999), medical intuitive and fifth-generation clairvoyant, who used her gifts to reach out to others in her capacity as healer and teacher. During their years of research and healing practice together, Dolores Krieger and her mentor, Dora Kunz, found illness to be caused by specific subtle energy imbalances. The Spiritual Dimension of Therapeutic Touch teaches how to rebalance the bodyâ ™s energy through touch, visualization, and a spiritual acceptance of lifeâ <sup>™</sup>s inevitable cycle. These exercises can be used both to heal physical pain and to achieve mental and spiritual peace. The authors also examine the important interconnected relationship between healer and patient. The book includes never-before-transcribed lectures by Dora Kunz, with commentary from Dolores Krieger, exploring expanded levels of consciousness as they relate to the healing process.

### **Book Information**

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#### **Customer Reviews**

Wonderful book. Both Dora Kunz and Dr Dolores Krieger capture the inner journey a of Therapeutic Touch (TT) practitioners. Dora, a clairvoyant, and Dr Krieger a nursing professor co devleoped this wonderful healing therapy. Dora believed anyone has the ability to help and to heal. She puts into words a glimpse of this wonderful spiritual journey the TT Practitioner begins or continues once they start on the TT path of healing.

I was not aiming to be a TT practitioner when I purchased the book. My purpose is to understand the spiritual sides of energy healing. There are many ancient types of energy healing in this Asian country where I live -- Reiki, Pranic Healing, Chi Meridian, Pranayama etc. but I think Dora Kunz, a member of Theosophical Society, is the first to popularize such practice due to her clairvoyant ability, and I find the authors view of the spiritual dimension sides of energy healing very assuring. There is so much love in the universe and our Inner or Higher Self is from that source. When we can center ourselves or or with the help of the TT practitioners we can overcome our physical limitations to reach that source, feel the deep love and peacefulness, and be healed.

I think this book is a must for those who intend to do the Therapeut Touch process, as it really begins to position the therapist as to what is personally required of her/him in order to do it from the right perspective and be successful

This is a book that is required reading for anyone taking Therapeutic Touch so why not get it at a great price.

This book had exactly the information I needed at exactly the right time. It is excellent! Easy to read and understand, extremely valuable insights and very uplifting to read it. Thank you, thank you, thank you!

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